

Selected quotes from *Desires in Conflict* by Joe Dallas and *Reparative Therapy of Male Homosexuality* by Joseph Nicolosi.

1. Friends provide your main source of support. You confide in them and rely on their input to stabilize you. They make you feel important. They prove to you that you are significant, unique, and worthwhile. Sometimes their love for you is the one thing that keeps you from despair. [p. 84 Dallas]
2. You need accepting, positive response from the kind of men you value and admire. That is when healing occurs – when the needs you have tried to meet indirectly through sex are being met directly through nonsexual intimacy. [p. 173 Dallas]
3. Until you experience normal relationships with other men, you will go on assuming you are not like them, or are less of a man than they are. [p. 162 Dallas]
4. When, as an adult, he (the over-comer) allows other important figures to relate to him, he begins to internalize their thoughts toward him. (“This person thinks I am valuable, maybe I really am valuable!”) That is the power of healthy friendship. It provides proof that someone else thinks we are worth spending time with and being close to. And when that closeness is nonsexual, it challenges our belief that sex is the primary way to feel same-sex closeness. [p. 129 Dallas]
5. We need to remember, we all need to challenge ourselves to develop this safety net of people who care about us. [p. 308 Nicolosi]
6. “..this whole feeling of confidence I attribute to my new male friends.”.... “having male friends feels like it’s restarting the developmental clock.” [p. 189 Nicolosi]
7. “..while growing up, instead of trying to be friends with a certain boy, I would put myself down by thinking, I can’t be friends with him because I’m not as good as him. Now as an adult, when I am able to be friends with such a man, this sexual area just diminishes. And it reaffirms my masculinity because I know that I’m able to be close to such a person without sexualizing him.” [p. 196 Nicolosi]
8. If needs are not met in affirming friendships, they will get eroticized. If you don’t develop a circle of male friends, you’re just setting yourself up for disaster. [p. 313 Nicolosi]
9. This is the way a man absorbs the masculine – through answering the challenge of nonsexual male friendships characterized by mutuality, intimacy, affirmation and fellowship. When he eroticizes a male relationship, a man is perpetually frustrated in absorbing the masculine. [p. 150 Nicolosi]
10. “Homosexual feelings loom larger when I feel the need for deep friendship.” [p. 154 Nicolosi]